

# XYLAZINE/ "TRANQ DOPE"

## Safer use of Tranq Dope

### What is Xylazine ("Tranq Dope")?

- Xylazine is a veterinary tranquilizer cut in fentanyl and heroin (sometimes called trang dope).
- Xylazine is not an opioid.
- Xýlazine is a sedative that can last for many hours;
- It can make people unconscious and lead to low blood pressure, a slow heart rate, and slow breathing.

\*Xylazine (in fentanyl) has spread westward from the Northeast U.S. and been involved in some overdose deaths in Missouri in 2021 and 2022.\*

### Risks associated with Tranq Dope

- When combined with opioids, Xylazine leads to an increased risk of overdose.
- Naloxone (Narcan) does not reverse the effects of Xylazine.
- Injecting Xylazine may increase the risk of skin ulcers and other wounds that spread and worsen quickly. Seek medical care if you have wounds.



- If smoking, avoid the first hit. Xylazine has a low burn rate and will be destroyed by the heat.
- Use tranq somewhere you won't fall and hurt yourself.
- Ask others how the drug has been making other people feel before buying and using it yourself.
- If you think there is tranq in your dope, tell others so they know to be careful.
- If injecting, carefully clean the injection site with alcohol swabs and use sterile syringes (don't share or re-use) to reduce risk of infection.
- Start with a low dose you can always do more, you can't go back and do less.
- Tell someone you are using; avoid using alone or behind a locked door.
- Carry naloxone.

#### What to do in a Tranq Dope Overdose

- Administer naloxone. It won't reverse Xylazine's sedating effects, but it will stop an opioid overdose if that is also going on.
- When responding to a Xylazine-involved overdose with naloxone, the person's breathing may return but they may still be sedated due to the Tranq.
- Stay with the person, monitor their breathing, and keep them in a safe place.
- If possible, seek medical assistance if you suspect a Xylazine-involved overdose.



## **BENZO DOPE**

### What is Benzo Dope?

- Benzo Dope is a combination of fentanyl and underground benzodiazepines.
- In 2021-2022, Benzo Dope has reportedly entered the drug supply in St. Louis, Kansas City and central Illinois.
- In the Kansas City area, forms of Benzo Dope are being sold as "purple dope" and appear purple in color.
- Benzo Dope is most commonly dark purple, blue, or orange, but can be other colors.



### Risks associated with Benzo Dope

- Benzos are nervous system depressants, meaning they may have a sedating effect leading to slow breathing and lower heart rate.
- When combined with fentanyl (or any opioid), Benzos lead to an increased risk of overdose.
- Naloxone (Narcan) does not reverse the effects of Benzos.



### Safer use of Benzo Dope

- Tell someone you are using; avoid using alone or behind a locked door.
- Start low and go slow. Do a tester dose before taking the whole dose.
- Ask around before buying or using Benzo Dope (or "purple dope"). Ask how it has been making others feel.
- If you think there are Benzos in your dope, let others know so they can know to be careful.
- Carry naloxone -- even though it doesn't reverse ODs from Benzos, it does reverse the opioid part of the OD and should bring breathing back if given quickly (along with rescue breaths).



### What to do in a Benzo Dope Overdose

- Administer naloxone. It won't reverse the effects of Benzos, but it will reverse an opioid overdose if that's also going on.
- In the event of a Benzo Dope overdose, naloxone may cause breathing to return but the person may still be sedated and appear unconscious or sleeping.
- Stay with the person, keep them safe, and monitor their breathing.
- If possible, seek medical attention in the event of a Benzo Dope overdose.